



MELBOURNE RUGBY UNION FOOTBALL CLUB

Home of the Mighty Junior Unicorns

CENTENARY YEAR 1909 - 2009



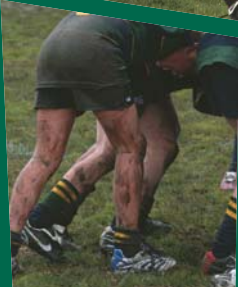
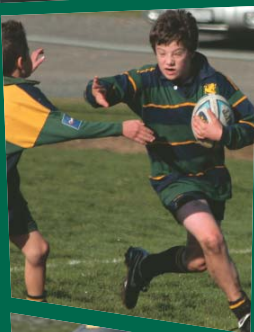
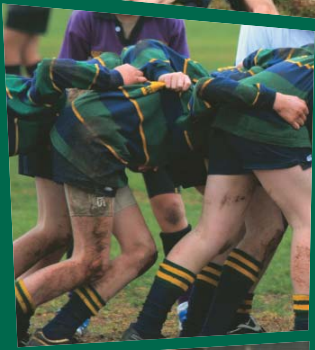
**Do you like running, passing, kicking, and scoring tries?
Then rugby is for you.**

Melbourne Rugby Union Club is one of the most successful rugby clubs in Victoria with a rich history stretching back to 1909.

We offer the Australian Junior Player Pathway Program that develops leadership, teamwork, courage and sportsmanship. Rugby Union is about developing lasting health, fun and friendship. We provide children as young as five, great opportunities to develop confident sporting performances. Join our centenary year celebrations and become part of the history of Victoria's greatest rugby club.

COME & PLAY SATURDAY RUGBY!

MRUFC, Charles Lux Pavilion, 580 Orrong Road, Armadale 3143, Melbourne, Victoria



MRUFC – OUR CLUB

MRUFC offers a fantastic social environment and a club with a long and proud history of success at the highest level. This year we will celebrate our 100th year anniversary.

Recent Achievements include:

- 11 first grade flags
- 5 Colts Premierships
- Wallaby and Super 14 selections
- 6 State representatives currently playing

MRUFC – OUR PROGRAM

The Australian Rugby Union believe that younger rugby union players should be introduced to the game gradually as part of its Long Term Player Development Pathway. MRUFC aims to introduce players to the game of rugby in a way that is safe and progressive, as well as teaching them the tactical principles of the game.

We field U8, U10, U12 and U14 teams in the Victorian Rugby Union Junior Player Pathway program. These are modified games called Walla, Mini, Midi and the U19 modified game for players 13-19 years. We are currently recruiting players for the U14 and U16 competition to commence in the 2009 season.

Each coach is accredited by the ARU in Smart Rugby and in the Junior Player Pathway Modified Games.

MRUFC – OUR DETAILS

Grounds: The club is centrally located on Orrong Rd, Armadale (Melways 58 H6).

Players: Ages 5 - 18. Team allocation based on age at 1st January annually

Training: Tuesdays and Thursdays (depending on age) 5:30pm – 6:30pm at Romanis Reserve, Orrong Road, Armadale

Games: Saturday mornings – vary in length from 30 to 50 mins at various rugby clubs in the Melbourne area

Registration: Junior Player \$95 AUD (includes Centenary t-shirt)
Family (both parents plus all Junior Players) \$200 AUD

Players need their own boots and mouthguard. Headgear optional.
Register online at www.melbournrugbyclub.com.au

For more information about playing at MRUFC contact:

JUNIOR CO-COORDINATOR

juniors@melbournrugby.com.au or visit
www.melbournrugbyclub.com.au

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Melbourne, Victoria

